

D-Life Online & D-Life Journals

To start a D-Group, simply share **D-Life Online** with those in your group by sending them your church or ministry's unique **SELF SIGNUP LINK**. Instruct them to use this link to sign up for D-Life. They will log in weekly to **D-Life Online** for your **D-Group Weekly Study Guides**. Those who prefer a physical copy of D-Life can use the **D-Life Journal**.



The 6 Practices of D-Life

The D-Life process of disciple-making is modeled after Jesus and His six practices of discipleship. To begin living the D-Life, D-Groups of 3-5 people must commit to follow the six practices of D-Life...

- **Fellowship** – I commit to meet weekly with my D-Group for fellowship, Bible study, and prayer.
- **Teaching** – I commit to read my Bible daily and to participate with my D-Group in a weekly interactive Bible study.
- **Prayer** – I commit to pray weekly with my D-Group for one another and for spiritual awaking in our land.
- **Ministry** – I commit to work together with my D-Group on one ministry and evangelism project every two months.
- **Multiplication** – I commit to lead my D-Group to multiply yearly.
- **Accountability** – I commit to hold my D-Group accountable to these things.

My Commitment to D-Life

- ☐ I commit to lead a D-Group.
- ☐ I commit to help lead a D-Group.
- ☐ I commit to be in a D-Group.

Signed: _____ Date: _____

d+life

My D-Life Self Signup Link is...

www.livingthedlife.com/_____



D-Group Start Up Guide

To start a D-Group, always pray first and consistently show Christ-like hospitality to others. Then take the initiative to ask others to join your D-Group. Be patient and persistent in asking people to join your group.

A D-Group can begin with as few as three to five people. New groups should be started when group participation reaches eight. To begin a discipleship group, consider creating diversity within the group such as:

- Another mature believer, who can assist in leading the group and be equipped to lead a new group when it is time for you to multiply.
- New believers, who can benefit by connecting in discipleship with other believers.
- Unbelievers and the unchurched, who are open to hearing about Jesus.
- Multi-generational believers, who bring different life stages and different spiritual journeys into the group.
- Believers struggling in life with issues such as drug abuse, depression, loneliness, and gender identification, who will benefit from having the support and accountability of other believers.

The SPACE Bible Study Method

Daily Bible Reading

In D-Life, the Bible is our only textbook and a major goal of D-Life is to lead others to develop a lifelong habit of daily Bible reading. This alone is life changing. Our goal is to read one chapter from the Bible five days a week.

Personal Note Keeping

When God speaks to your heart, you want to write it down. Every day we want to make SPACE in our hearts for God's Word by writing down one personal application point from our daily Bible reading assignments. We make SPACE by asking five simple questions as we read each chapter.

In Your Daily Bible Reading, Look For A...

Sin to confess?

Promise to claim?

Attitude to change?

Command to obey?

Example to follow?

Ask God To Give You A Personal Word

In each chapter, you will find an answer to at least one of these questions. As you ask these questions, let God show you a personal point of application. Let the Holy Spirit speak to your heart. Make your daily time alone with God a major priority in your life.



2 Accountability Questions

To help those in your group develop the discipline of daily Bible reading, ask these two weekly accountability questions...

- Did everyone do your daily Bible reading assignments?
- What are some of the application points that you found?

How to Lead a D-Group

D-Groups Can Meet Anytime and Anywhere

Your D-Group can meet at a coffee shop, café, home, park, school, church, or place of business. Choose the time and place that is best for your group.

Your D-Group Weekly Agenda

- **Fellowship Time** - Create fellowship within the group wherever it meets. Share coffee, a snack, or a meal.
- **Accountability Time** - Create accountability each week by asking if group members read their Bibles daily. Lead them to share some application points written in their notes. Always ask the two accountability questions.
- **Prayer Time** - Develop an on-going emphasis on prayer, with members taking responsibility for leading the group in prayer.
- **Tell the Story** - Assign a member in the group each week to tell the Bible story or paraphrase the passage to be studied.
- **Read the Story** - Assign another member in the group to read the passage to be studied from the Bible.
- **Facilitate Bible Study** - Assign another member in your group to facilitate the Bible study using the questions provided in the weekly study guide.
- **Ministry Planning Time** - Take time to plan for your next ministry project. D-Groups do one ministry and evangelism project every two months.
- **Weekly Assignments** - Make your assignments for the next week.

4 Weekly Assignments

Each week, assign a different member of your group to...

- Lead the Prayer Time
- Tell the Story or Paraphrase the Text
- Read the Text
- Facilitate the Bible Study

