



D-Life Start Up Guide

Disciple-Making. Anytime. Anywhere.



D-Life Self Signup Link:

www.livingthedlife.com/ _____

How to Start a D-Group

To start a D-Group, always pray first and consistently show Christ-like hospitality to others.

Then, take the initiative to ask others to join your D-Group. Be patient and persistent in asking people to join your group.

A D-Group can begin with as few as three to five people, and your group can meet **anytime** and **anywhere**. New groups should be started when group participation reaches eight to ten people. To begin a discipleship group, consider creating **diversity** within the group such as:

- Another mature believer, who can assist in leading the group and be equipped to lead a new group when it is time for you to multiply.
- New believers, who can benefit by connecting in discipleship with other believers.
- Unbelievers and the unchurched, who are open to hearing about Jesus.
- Multi-generational believers, who bring different life stages and different spiritual journeys into the group.
- Believers struggling in life with issues such as drug abuse, depression, loneliness, and gender identification, who will benefit from having the spiritual support and accountability of other believers.

The 6 Practices of Disciple-Making

The D-Life process of disciple-making is modeled after Jesus and the six practices that He followed to disciple His group of twelve. To make disciples like Jesus, we must commit to follow these same six practices in leading a D-Group of 3-5 people.

- **Fellowship** – Meet weekly with your D-Group for fellowship, Bible study, and prayer. Your group can meet anytime and anywhere.
- **Teaching** – Give your D-Group a daily Bible reading plan and participate in a weekly interactive Bible study with the group.
- **Prayer** – Pray weekly with your D-Group for one another and for spiritual awaking in our land.
- **Ministry** – Work together with your D-Group to plan and carry out one ministry and evangelism project every two months.
- **Multiplication** – Lead your D-Group to prepare to multiply out at least one new group every year.
- **Accountability** – Hold your D-Group accountable to these six practices of disciple-making.

The SPACE Bible Study Method

Daily Bible Reading

In D-Life, the Bible is our only textbook, and a major goal of D-Life is to lead others to develop a lifelong habit of daily Bible reading. This alone is life changing. Our goal is to read one chapter from the Bible five days a week.

Personal Note Keeping

When God speaks to your heart, you want to write it down. Every day we want to make SPACE in our hearts for God's Word by writing down one personal application point from our daily Bible reading assignments. We make SPACE by asking five simple questions as we read each chapter.

5 Questions for Finding Personal Applications

In each chapter ask if there is a...

- Sin to confess?
- Promise to claim?
- Attitude to change?
- Command to obey?
- Example to follow?



Your D-Group Weekly Agenda

- **Fellowship Time** - Create fellowship within the group wherever it meets. Share coffee, a snack, or a meal.
- **Accountability Time** - Help your group develop the discipline of daily Bible reading, by asking two weekly accountability questions:
1) Did everyone do your daily Bible reading assignments?
2) What are some of the application points that you found?
- **Prayer Time** - Develop an on-going emphasis on prayer, with members taking responsibility for leading the group in prayer.
- **Tell the Story** - Assign a member in the group each week to tell the Bible story or paraphrase the passage to be studied.
- **Read the Story** - Assign another member in the group to read the passage to be studied from the Bible.
- **Facilitate Bible Study** - Assign another member in your group to facilitate the Bible study using the questions provided in the weekly study guide.
- **Ministry Planning Time** - Take time to plan for your next ministry project. D-Groups do one ministry and evangelism project every two months.
- **Weekly Assignments** - Make your assignments for the next week.

4 Weekly Assignments

Each week, assign a different member of your group to...

1. Lead the Prayer Time: _____
2. Tell the Story or Paraphrase the Text: _____
3. Read the Text: _____
4. Facilitate the Bible Study: _____



The Multiplication of Disciples

Multiplication is God's plan for how His kingdom is to grow. His plan for disciple-making does not focus on addition, but multiplication. Simply put, when you lead a D-Group of three to eight people, your goal is not to grow a bigger group, but to multiply a new group.

The members of the early church were faithful to the principle of multiplying disciples. In Acts 12:24, the Bible says, "*But the Word of God increased and multiplied.*" The early church did not grow by addition; it expanded greatly through multiplication. The Multiplication of D-Groups will result in exponential Kingdom growth.

The Simple Plan...

- 1) Every D-Group multiplies yearly.
- 2) Every D-Group has at least three disciples.

The Remarkable Results...

Y1 = 1 D-Group / 3 Others
Y2 = 2 D-Groups / 6 Others
Y3 = 4 D-Groups / 12 Others
Y4 = 8 D-Groups / 24 Others
Y5 = 16 D-Groups / 48 Others

Y6 = 32 D-Groups / 96 Others
Y7 = 64 D-Groups / 192 Others
Y8 = 128 D-Groups / 384 Others
Y9 = 256 D-Groups / 768 Others
Y10 = 512 D-Groups / 1,536 Others

Y11 = 1,024 D-Groups / 3,072 Others
Y12 = 2,048 D-Groups / 6,144 Others
Y13 = 4,096 D-Groups / 12,288 Others
Y14 = 8,192 D-Groups / 24,576 Others
Y15 = 16,384 D-Groups / 49,152 Others

Y16 = 32,768 D-Groups / 98,304 Others
Y17 = 65,536 D-Groups / 196,608 Others
Y18 = 131,072 D-Groups / 393,216 Others
Y19 = 262,144 D-Groups / 786,432 Others
Y20 = 524,288 D-Groups / 1,572,864 Others

Y21 = 1,048,576 D-Groups / 3,145,728 Others
Y22 = 2,097,152 D-Groups / 6,291,456 Others
Y23 = 4,194,304 D-Groups / 12,582,912 Others
Y24 = 8,388,608 D-Groups / 25,165,824 Others
Y25 = 16,777,216 D-Groups / 50,331,648 Others

Y26 = 33,554,432 D-Groups / 100,663,296 Others
Y27 = 67,108,864 D-Groups / 201,326,592 Others
Y28 = 134,217,728 D-Groups / 402,653,184 Others
Y29 = 268,435,356 D-Groups / 805,306,368 Others
Y30 = 536,870,912 D-Groups / Over 1.5 Billion Others

Wow! What if only half of this happened? Exponential kingdom growth is the ultimate result of multiplying disciples.

D-Life Online & D-Life Journals

To start a D-Group, simply share **D-Life Online** with those in your group by sending them your church or ministry's unique **SELF SIGNUP LINK**. Instruct them to use this link to sign up for D-Life. They will log in weekly to **D-Life Online** for your **D-Group Weekly Study Guides**. Those who prefer a physical copy of D-Life can use the **D-Life Journals**. For more information of D-Life, go to: www.livethedlife.com.

